



Ole Farmers' Grapevine

Est. 2011

**A Publication of the
Ole Farmers Association North
America, Inc.
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Visit us at
www.olefarmers.com

**Volume 30
January 2020**

**Executive Members
2018 - 2020**

**Norma Jarrett (President)
Doreen Danvers (VP - Florida)
Audrey Spence (VP - Canada)
Jennifer Petgrave (VP - North East)
Dona Bredwood (VP - Georgia)
Renford Williams (Treasurer)
Dr. Terrence Johnson (Assistant Treasurer)
Peterson Warburton (Secretary)
Jurist Taylor (Assistant Secretary)
Wendell Codner (Public Relations Officer)**

FROM THE PRESIDENT



**NORMA JARRETT
President**

njg9130@netscape.net

Dear Ole Farmers, welcome to this our 30th Edition of Grapevine; thanks to our Editor War B, for ensuring we are apprised of relevant OFANA news. I use this opportunity to say Thank You and God Bless You All, for your support & contribution to OFANA, your Alumni Association, in 2019. Together we have done a tremendous job in affecting positive changes to the CASE Institution, Students and Faculty.

Thanks to the Executive Members for their hard work, on behalf of this organization, it is our collective dedication that keeps the OFANA engine running.

I congratulate our Region Vice Presidents and their planning teams for the continued dedication and steadfast support; below are only a few of our wonderful & noteworthy achievements last year:

January 24- 26, 2019, members and the executive traveled to Jamaica, to celebrate the 109th Anniversary of the founding of our Alma Mater; at this forum we awarded 16 scholarships to deserving students at CASE. Since 2012, we have awarded 57 scholarships with a cumulative value of US \$53,400.00 (Jamaican \$6,527,000.00). To date two (2) of our scholarship recipients are valedictorians, others are currently pursuing advanced degrees, thanks to the contributions made by OFANA. We continue to mentor those that have reached out to us or that we have identified, that need the encouragement & support. Sincere thanks to Dr. Norma Dawkins and the Scholarship Committee for ensuring the highest level of vetting of the applications.

January 25, 2019, OFANA President presented Dr. Derrick Deslandes, CASE President, a check for US \$20,000.00 the final installment on the pledged US \$120, 000.00 to build the OFANA Plant Tissue Culture Lab (PTCL). The CASE Administration has promised that the PTCL will be ready for the grand opening early 2020. This PTCL will be a game changer; the facility is expected to greatly enhance CASE's ability to improve and upgrade the skill sets of both students and staff. It is anticipated that with this facility in place, along with the plant propagation center, the College will be able to establish itself as the premier center for reproduction of a wide range of planting material and fruit tree crops to service the Agricultural sector. Consequently, the successful implementation and execution of this scientific area of competency will contribute greatly to both national and regional agricultural endeavors.

February 24, 2019, our OFANA Canada Region, under the leadership of VP Audrey Spence, held a successful Inaugural Brunch in Toronto. Our Guest Speaker Hon. Lloyd Wilks, Jamaican Consul General to Ontario, applauded OFANA on the significant contribution to Jamaica's Agriculture sector. MPP Ms. Mitzie Hunter also in attendance, congratulated OFANA's contribution to Toronto and to Jamaica. I am so very proud of the wonderful Team Spirit and camaraderie shared by this group of Ole Farmers. Thank you, guys, for your infectious good spirit.

Next year's brunch is scheduled for March 1, 2020 in Scarborough, Toronto, do hope you will be in attendance, to experience this great event.

April 5, 2019 – OFANA contributed to The Red Springs Robotics Challenge held at The Immaculate Conception High School; this was the second staging of the competition with ten teams competing. This was one of OFANA's outreach efforts to assist our Jamaican students in the area of Technology, a much-needed component in the future agricultural arena.

We participated in the March 2019 UJAA / OFANA Mega Raffle, and our own Treasurer Renford 'Cherry' Williams was the consolation prize winner of an iPad. This new year 2020, UJAA/ OFANA Mega Raffle grand prize is a 2020 Lexus Sedan. Please do help us to sell these raffle tickets; all

proceeds will be used to underwrite our OFANA Scholarships. OFANA was a participant in the Jamaica Diaspora Education Task Force Biennial Advancement in Education & Teacher Workshop Summit in Florida; our own Asst. Secretary Ms. Jurist Taylor represented OFANA. We also advertised in the Commemorative Journal in support of this excellent program that sponsors Jamaican teachers to participate in staff development workshops.

May 24 – 26, 2019, OFANA's 13th Annual General Meeting was held in Stamford CT. Hon. David Martin Stamford's Mayor, presented OFANA President Norma Jarrett with a Citation, in recognition of OFANA's Altruistic Contribution to Jamaica's Agriculture Sector. The Hon Lenworth Fulton OD, President of the Jamaica Agricultural Society and Guest Speaker, also congratulated OFANA for contributing to Jamaica's food security, and on facilitating clean seedlings for farmers for greater yield. The President of JAS and OFANA President aligned their mutual interests and future agricultural projects for Jamaica. During the weekend festivities, OFANA honored the Pioneer Members who assisted the Founders in laying the groundwork for this our Alumni Association; as a Founding Member we are eternally grateful to those who answered the "call" because they believed, we have achieved. All in attendance enjoyed a wonderful weekend of fellowship and fun, facilitated by VP Jennifer Petgrave and her dedicated Northeast Team Leaders. Next year's AGM will be hosted by VP Dona Bredwood and her dedicated Atlanta Planning Team, please mark your calendars and make Atlanta your destination for Memorial Weekend 2020!

July 20, 2019, VP Dona Bredwood and her dedicated OFANA Atlanta Region Planning Team, celebrated their inaugural Fundraiser Dinner, with their supportive donors, at the Atlanta Renaissance Hotel, where Pioneer members were honored for their commitment to the Organization. The event was a great success, and plans are underway for next year's event. OFANA Atlanta members also celebrated with Holmwood Past Students, and the Atlanta Jamaican Assn. in their fundraising activities.

The September 2019, Elegance with a Purpose Ball in Fort Lauderdale was cancelled, however VP Doreen Danvers and her dedicated team, launched a

pledge drive for our OFANA Scholarships and to date, the response is a success, thanks to all who have donated thus far; we look forward to others in the region making future contribution as well.

November 3, 2019, OFANA President Norma Jarrett was guest speaker at Friends of Annotto Bay Fundraising Dinner in New York. OFANA members celebrated with this spirited group of altruistic alumni, and annually the President and his team are excited to have us celebrate with them.

November 10, 2019, OFANA participated in the annual UJAA Thanksgiving Church Service in the Bronx; we were one of the many alumni associations that participated in this service.

December 14, 2019, OFANA Northeast Region held their 11th Annual Holiday Fundraising Dinner at the Stamford Marriott Hotel & Spa. There were over three hundred persons in attendance; and VP Jennifer Petgrave and the dedicated team leaders and planning committee delivered. DJ Roy from Road international kept the guests on the dance floor rocking all night. Guests included Major George Kates CASE Board Chairman, Board Member Kanute Sadler & wife Michelle, CASE President Dr. Derrick Deslandes, newly elected CASE Alumni President Pius Lacan amongst many others from UJAA, advertisers & donors. The Northeast Region acknowledged the impactful contributions made by Mrs. Sonia Baxter to the region during the festivities. I use this opportunity to again thank the Northeast Team for the very festive event.

Year 2019, OFANA experienced some significant challenges; we said goodbye to a number of Ole Farmers, spouses and family members, including one of our Founding Members Errol Webley. Although sad, these are very proud moments, as we witness the outpouring of love, generosity and compassion given to the widows, families and children. It is during these difficult periods when we shine; thanks for the illumination!

OFANA experienced the wonderful spirit of generosity from many of our Ole Farmers, their families, our supporters and advertisers; my sincere thanks to all; I continue to be mesmerized by everyone's altruistic spirit.

We are currently updating our SOPs (War B & Jurist Taylor) as well as other responsibilities charged to the Executive at our AGM; including the updating of our 5-year Strategic Plans. Thanks to our website committee, we have engaged the services of a web designer recommended by Wendell Codner; our new website should be unveiled shortly.

2020 promises to be a Wonderful Year, our Alma Mater will be celebrating 110 years of existence.

May the Lord continue to Bless you; a Happy & Prosperous New Year to one and all!

OUR WEB-SITE

Any Ole Farmer may submit articles or items of breaking news either directly or via email to info@olefarmers.com.

Members in good standing may log in to the secure "members" only portal for access to financial information and photographs of recent events.

Anyone can make a donation by clicking on the PayPal "Donate button". Try it today and save your receipt:



OLE FARMERS CAN DO ANYTHING



National Honours and Awards ORDER OF JAMAICA (OJ) ORDER OF MERIT (OM) THE ORDER OF DISTINCTION IN THE RANK OF COMMANDER (CD) (THE NATIONAL HONOURS AND AWARDS ACT – 1969)

On the occasion of the 57th Anniversary of Independence, His Excellency The Governor-General, the Most Honourable Sir Patrick Linton Allen, ON, GCMG, CD, KSt.J, acting in accordance with the Regulations made under Section 7 of the National Honours and Awards Act, and on the advice of the Prime Minister, the Most Honourable Andrew Holness, ON, MP, is pleased to make the following appointments:

Members of the Order of Distinction – in the rank of Officer THE ORDER OF DISTINCTION IN THE RANK OF COMMANDER (CD)

- Ole Farmer **Dr. St. Aubyn BARTLETT (Class of '76) For outstanding service to the Horse Racing Industry as a Veterinarian**
- Ole Farmer **Dr. Michael MOTTA (Class of '85) For contribution to the Cattle Industry**

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Ole Farmer **Dr. Paul JOHNSON (Class of '82) Interim Director of Prairie View A&M University's College of Agriculture and Human Sciences all-new Information and Impact Center (IIC).**

Officially launched in February, the revamp of the unit formerly known as the Department of Marketing, Communications and IT (DOMCiT) will undergo changes in how the College disseminates and presents information regarding the work being done on campus and in the 34 counties across the state that the Cooperative Extension Program serves. Under Johnson's leadership, the Department will continue to produce quality content that highlights CAHS' work and achievements. The IIC creates all written, media, and promotional material for CAHS. This includes brochures, booklets, videos, flyers, posters, news article and much more.



Dr. JOHNSON, a long-time employee of Prairie View A&M University, has held a number of roles in the CAHS including Computer Specialist / Research Specialist for the Cooperative Agricultural Research Center and Cooperative Extension Program. He has also served as Animal Science Instructor and Research Technician for the University. With his experience and abilities in graphic design, video editing, and photography, Dr. JOHNSON plans to make the department the premiere marketing and communications unit of all 1890 institutions by blending agriculture and technology in unprecedented ways.

Dr. JOHNSON also plans to enhance communications and marketing of the College by creating a better process of communicating the College's activities to students, staff, stakeholders, alumni and the community. He will lead the unit with the support of his favorite quote, "It is better to be prepared for an opportunity and not have one, than to have an opportunity and not be prepared for it. Where others see challenges, I see opportunity."



MEMBERSHIP

Membership is open to alumni of:

- **College of Agriculture, Science and Education (1995 to present)**
- **College of Agriculture (1981 – 1995)**
- **Jamaica School of Agriculture (1942 – 1981)**

- **Government Farm School (1910 – 1942)**

Please remember to bring your OFANA Membership up to date. Together as Ole Farmers, we are making a difference in the lives of our people.

Membership Dues are set at \$100.00 per person per year; that's less than \$2.00 per week to become a paid-up member.

Not yet a member? Download an application form now using the link below:

<http://www.olefarmers.com/forms/>

OFANA SCHOLARSHIPS

Students attending C.A.S.E. are hereby invited to apply for 2019-2020 OFANA Scholarships. Visit www.olefarmers.com to download an application form.

OFANA supporting the enlightenment of education in pursuit of agricultural excellence

C.A.S.E. ZONE

This year we celebrate the 110th anniversary of the founding of the Government Farm School on January 25, 1910.

The weekend's highlights included:

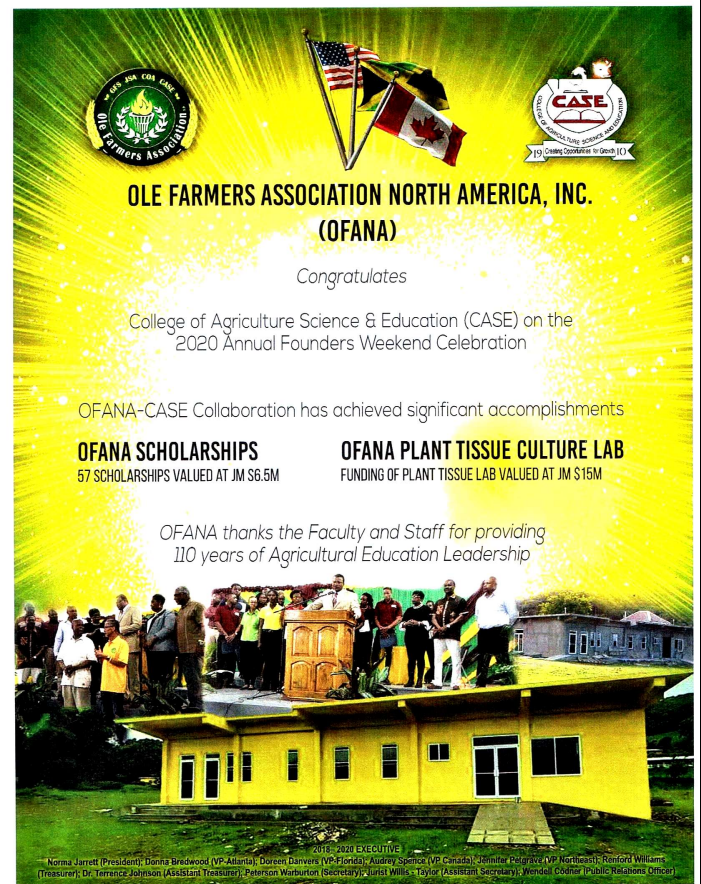
Day 1 – Intellectual-Stimulation Day

There was a symposium, during which Ole Farmers presented scientific /academic research findings. The day's event ended with an interactive session with the students.

Day 2 – Inspirational/ Motivation Day:

Scholarship donations were made by a few Ole Farmers, including Opposition Agriculture Minister Ole Farmer Victor Wright; Ole Farmers from the 1985 Batch, and Minister of Public Works Ole Farmer Robert Montigue; Ole Farmer Kanute Sadler & wife Michelle.

There was no disbursement of Ole Farmers' Association of North America (OFANA) scholarships at the event. The recommendation from our OFANA Scholarship committee was to postpone our disbursements at this time. Reason: the applications did not meet the established deadline. Two applicants who did meet the deadline scored below the set matrix. The OFANA Executive unanimously accepted this recommendation. We are however, affording the students the opportunity to reapply for our prestigious scholarships and have engaged the Student Council President and Public Relations Officer for the College, to disseminate the information and vet the applications prior to submittal.



The executive members in attendance met with President Deslandes to align OFANA's expectations for future scholarship disbursements and other collaborative matters. The message to the student body from OFANA President Norma Jarrett, Board President Kates and College President Deslandes had the same theme – adherence to deadline. It is interesting to note that although they were disappointed, the students agreed with the recommendation of the scholarship & executive committee, and were appreciative of the opportunity to re- apply. There were students who insisted that

they had submitted their applications to the administrative office on time.

I use this opportunity to thank all our OFANA Members and stakeholders for their continued hard work and contribution in providing mentorship and scholarship opportunities for these students. There is DIRE NEED for these scholarships; I implore you to attend an event or simply visit the College, and I guarantee that you will be moved to double your efforts to empower these students.

The CASE Alumni Association recognized Ole Farmer Wester McPherson- Outgoing President for his contribution and years of service to the organization. In his vote of thanks Ole Farmer McPherson joked that he had “EARNED” the plaque and expressed his passion for the organization.

During the afternoon, the Ole Farmers engaged the current students in competitive games: cricket, football, and dominoes. It was truly heartwarming to see how engaged the students were and the respect and comradery shared with the Ole Farmers.

The Ole Farmers and other guests were feted by the students in the Hospitality Department, and oh how delicious the food was. The service was excellent, and these Hospitality Students were very proud to play host to all.

Day 3 –The Church Service:

Oh, how inspirational, greeting was extended by Mr. Lincoln Thaxter the Custos of Portland. Rev. Gaston Williams led the gathering in Praise & Worship, while scripture readings were done by Ole Farmer Colenso Campbell and Faculty Member Mrs. Nadine McFarlane.

Listening to the CASE Choir members was like watching an “American Idol Audition,” the members were so talented and engaging. My sincere thanks to them for the wonderful “Music.

During the greeting segment: OFANA President Norma Jarrett encouraged the students to continue to stay focused and productive and enjoy the comrade the campus life has to offer. She invited them to seek mentorship from our talented altruistic OFANA members. She also underscored OFANA’s continued commitment to scholarship opportunities for them. Ole Farmer Anthony Bogle made a

presentation to a relative (student) he met for the first time; the gift of a scholarship worth J\$200,000.00.

It was indeed very emotional as unexpectedly; the students made a grand gesture: they presented appreciation gifts to both the OFANA President and the CASE Alumni President.

The morning and indeed the entire weekend concluded with a ‘soul searching’ inspirational Sermon by Ole Farmer, Dr. Clara Marshall – Clarke. Dr. Clarke’s wonderful ceremony went down memory lane from our days on the “Rocks” thru’ to CASE, and even included a visual demonstration. She under-scored the need for the students to ensure that they “draw the matter” and be ready for real world opportunities upon graduation. She sent us home inspired, spiritually empowered with a renewed spirit.

I use this opportunity to express sincere thanks to President Pius Lacan and the entire Case Alumni Association Executive, for their hospitality and inclusive spirit; you are wonderful hosts.

A big thank you to Hakeem Williams Student Counsel President and the entire Student Counsel Officers for their hospitality and kind gestures. This was indeed a fun and productive weekend.

Sincere gratitude and appreciation to those OFANA Members who took the time out to participate in the three day celebration of Founders’ Days.

DID YOU KNOW?

See what else is happening on Campus - <http://www.case.edu.jm/html/>



OPPORTUNITY TO STUDY ABROAD

“Education is the most powerful weapon which you can use to change the world”.

Nelson Mandela

Visit the link below to discover more opportunities that might be waiting just for you:

<http://scholarship-positions.com/>

COMING SOON

#OFANA 2020

This year's **Ole Farmers Association of North America Annual Reunion / Annual General Meeting** will be held **May 22 - 24, 2020** in **Atlanta, GA** with Headquarters at the **Atlanta Airport Marriott**, 4711 Best Road, Atlanta, GA 30337.

The Atlanta Airport Marriott is offering your special group rate US\$105 per night available May 22 - 25, 2020; 1 King Bed or 2 Double Beds Complimentary Airport Shuttle 24/7 Last day to book – Thursday, May 07, 2020

Using the link below, start booking now:

<https://book.passkey.com/e/50055123>

OR

Call Toll Free 800 266 9432 - Ref: Group name
OFANA

More information to come; watch this space!

CLASS OF '80 STAND UP

Mid-December 2018 made it 'forty years out-a-grass' for the Class of '78. Members of that Class

are encouraged to mark that milestone by **pledging \$40.00 towards Scholarships for students attending C.A.S.E.**

If you are a member of the Class of '79 and have not yet made your \$40.00 contribution, it's never too late.

Graduates of preceding Classes please feel free to pitch in!

Remember;

- Without Government Farm School there might not have been a Jamaica School of Agriculture
- Without the Jamaica School of Agriculture there might not have been a College of Agriculture
- Without the College of Agriculture there might not be a College of Agriculture Science and Education today

This is an opportunity to cement your legacy in the pursuit of excellence in Agriculture, by our people.

Class of '80 stand by!

BACK A YAAD

For the latest News from Home follow these links:

- <http://www.jamaicaobserver.com/>
- <http://jamaica-gleaner.com/>
- <http://rjr94fm.com/live.php>
- <http://www.televisionjamaica.com/>
- <http://www.cvmtv.com/>

For Sports from just about anywhere, try the free download below:

- <http://download.bringmesports.com/index.jhtml?spu=true&partner=YLxdm003&pkw=live%20cricket%20live&theme=cricket&gclid=CKP3zvDU88MCFUIR7AodH3gA2w>
- spotmedia.com

GOING GREEN



What does it mean to “Go Green”? It is a term that you probably hear everyday, and it refers to using various everyday methods to help save the planet and its environment. Implementing a green lifestyle can help save the earth, but it can also help you save money. The steps you take to go green can be small or big, but it can all help the bigger cause; whether that be saving the planet or saving a few extra bucks. Going green has gained a lot of **popularity and has created quite a following of people wanting to be self sufficient, energy efficient, and to help our planet. Below are some easy tips and methods on how you can go green and change your lifestyle today.**

Ways to Go Green:

Change out your Light Bulbs.

Do you still have incandescent light bulbs in your home? Time to go out with the old and in with the new. CFL light bulbs are 75% more efficient than incandescent light bulbs and last up to 10 times longer! Saving energy and money on monthly bills.

You could go one step further with [LED Light Bulbs](#), which are 90% more efficient than incandescent bulbs, and last up to 20 years! [LED light bulbs](#) are the future of lighting efficiency and are highly recommended.

Recycle.

Recycling is all about reducing the amount of waste you produce. Landfills all over the planet are having a negative impact on our environment.

Recycling helps conserve our natural resources, energy, and reduces pollution in our water and air.

Energy Star appliances.

Appliances can waste a lot of energy in your home. Upgrading them to Energy Star certified appliances can save you money and are incredibly efficient.

Save water.

Taking shorter showers, reducing the water spent washing dishes and laundry can make a huge difference in conservation. Whenever possible, use cold water, instead of hot (laundry, dishes, etc.) to save on energy costs.

Pay your bills online.

Put a stop to unneeded mail. Save paper and pay all your bills online, it's much easier to do as well.

Turn your light off.

Make sure to turn lights off when you leave a room.

A simple task that many people can over look, but lighting accounts for up to 20% of your energy bill and turning off your lights can help reduce the money spent on your energy.

Convert to an alternative energy.

[Solar Energy](#) is a great way to live self sufficiently. [Solar Energy](#) can save you money and helps keep our environment clean of greenhouse gas emissions.

Updating your kitchen and bathrooms

Remodeling your kitchen or bathroom can be a scary endeavor, but making small green improvements to these areas can usually give you a 90-100% or more return on your investment.

Upgrading your counter-tops and floors to green alternatives can be well worth the money!

WHERE ARE THEY NOW?

Members at large would like to know the whereabouts of the following Ole Farmers:

- **Cleveland CLARKE (Class of '79)**
- **Aston REID (Class of '77)**
- **Anita WILLIAMS (Class of '79)**
- **Harris YOUNG (Class of '77)**

Anyone in possession of any form of contact information for the aforementioned is encouraged to submit said information to info@olefarmers.com

GONE BUT NOT FORGOTTEN

Ole Farmer **Iralindo 'King Brief' GOLDING (Class '74)** on Wednesday, February 26, 2020 after suffering a heart attacks.



Ole Farmer GOLDING gave over 45 years of service to Agriculture in Jamaica via:

- Agricultural Credit Bank,
- All-Island Jamaica Cane Farmers Association,
- Cigarette Company of Jamaica and
- Jamaica Aluminum Company

The **service of thanksgiving** for the life and work of Ole Farmer GOLDING will be held at **Church of the Open Bible, 15 Storcks Street, May Pen, Clarendon on Saturday, March 21, 2020; commencing at 11:00 am.**

.....
Ole Farmer **Alvin BLAKE (Class of '70)** in early February the USA.

Before migrating, Ole Farmer BLAKE served for many years in the Ministry of Agriculture as an Artificial Insemination Technician.

The **service of thanksgiving** for his life and work will be held at **St. John African Methodist Episcopal Church, Kennedy Grove, Palmer's Cross, Clarendon on Saturday, March 07, 2020; commencing at 11:00 am.**

.....
Ole Farmer **Linden 'Cash Money' PEART (Class of '62)** faded on November 18, 2019; in Martha Brae, Trelawny where he resided.

Ole Farmer PEART recorded over 50 years of outstanding service to Jamaican Agriculture, leading the way in dairy, beef and sugarcane production in the parish of Trelawny.

The service of thanksgiving for his life and work was held at Falmouth United Church, Falmouth, Trelawny, on December 14, 2019

.....
Ole Farmer **Gaston 'Rocker' DaCOSTA (Class of '63)** faded on November 10, 2019; in New York USA where he resided.

The service of thanksgiving for his life and work was held at Pleasant Manor Funeral Home, 575 Columbus Ave, Thornwood, N.Y. on November 23, 2019.

.....
Ole Farmer **Vivian KILDARE (Class of '67)** faded in late October 2019.



The service of thanksgiving for his life and work was held at The Phillippo Baptist Church, Spanish Town, St. Catherine on November 30, 2019.

.....
Ole Farmer **Rex 'Ruff' PRINCE (Class of '85)** faded November 08, 2019 at the Denbigh Hospital, Clarendon, after a brief illness

The service of thanksgiving for the life of was held at The Church of God of Prophecy, Savannah Cross, Clarendon on November 23, 2019.

.....
Ole Farmer **Daniel 'Fluke' SPENCER (Class of '71)** faded in late October 2019.

Ole Farmer SPENCER gave decades of committed yeoman service to Jamaican Agriculture as:

- Agricultural Extension Officer at the Area & Divisional Levels with St. Elizabeth Area Land Authority of the Ministry of Agriculture and Lands.
- Agricultural Extension Expert on secondment the Rural Agricultural Development Authority.

He later went into private agri-business.

.....
 Ole Farmer **Roy ‘Froggy’ WILKS (Class of ‘74)** faded on October 08, 2019; after a fatal motor vehicle accident.

Ole Farmer WILKS was a Soil Conservationist and Land Husbandry Practitioner who recorded decades of service to:

- Ministry of Agriculture as Soil Conservation Officer
- Rural Agricultural Development Authority as Land Husbandry Officer in the Western Zone

The service of thanksgiving for his life and work was held at St. Paul’s United Church, Market Street, Montego Bay, St. James on November 30, 2019.

.....
 Ole Farmer **Mario HAMILTON (Class of ‘02)** faded in early October 2019.

The service of thanksgiving for his life was held at Whithorn Seventh Day Adventist Church, Whithorn, Westmoreland on October 27, 2019.

.....
 Ole Farmer **Leebert ‘Grey Beard’ TAYLOR (Class of ‘77)** faded on October 03, 2019 after losing a valiant battle with Prostate Cancer.

Ole Farmer TAYLOR was the consummate Agricultural Educator. He taught Agricultural Science at Ferncourt High School, Titchfield High School and Sydney Pagon Agricultural School (up to retirement).

The service of thanksgiving for his life and work was held at The Lucky Hill Seventh Day Adventist Church, Lucky Hill, St. Mary on November 10, 2019.

Ole Farmer **Owen ‘Ages’ GILPIN (Class of ‘73)** faded on September 12, 2019.

The service of thanksgiving for his life and work was held at Holy Trinity Anglican Church, West Gate, Montego Bay, St. James on October 26, 2019.

.....
 Ole Farmer **Emily ALLISON-FRANCIS (Class of ‘71)** faded on August 18, 2019 in New York.



After Graduating from the Jamaica School of Agriculture, Ole Farmer ALLISON-FRANCIS pursued further studies at:

- Tuskegee University - Bachelor of Science (B.S.) in Nutrition
- University of the West Indies - Post Grad Diploma in Education
- Hunter College - Master of Science (M.Sc.) in Nutrition Sciences
- Queens College - Master of Library & Information Science (M.L.I.S.)

At the time of her fading, she was Director of 'Healthier You Nutrition'; a company dedicated to health education and wellness (a position she held since 2011). She was also an associate professor, author and Vitamin D advocate.

A Service of thanksgiving for her life and work was held on at Premiere Baptist Church in Brooklyn, NY on Saturday, August 31, 2019.

Another service was held at Stewarton United Church, Mocho, Clarendon on September 07, 2019.

Ole Farmer **Hugh ‘Rossie’ DUNCAN (Class of ‘64)** faded at home; Highgate, St. Mary in mid-August 2019.

Ole Farmer DUNCAN served Jamaican Agriculture well for decades with:

- Ministry of Agriculture Extension Service
- Coffee Industry Board

The service of thanksgiving for his life and work was held at The Harmony Hall Seventh Day Adventist Church, High gate, St. Mary on September 08, 2019.

.....
Ole Farmer **Noel ‘Rex’ MULLINGS (Class of ‘56)** faded on July 16, 2019 at home in Ironshore, Montego Bay, St. James.

Ole Farmer MULLINGS was the consummate livestock practitioner. His record of service to the Jamaican Livestock sub Sector included stints with: Ministry of Agriculture working as an Artificial Insemination Technician
Farm Manager at the Montpelier Research Station
Parish Livestock Officer (MINAG) in of St. James.

The service of thanksgiving for his life and work was held at the **Holy Trinity Anglican Church, West Gate, Montego Bay, St. James on August 03, 2019.**

.....
Ole Farmer **Berty Myles COKE (Class of ‘69)** faded on July 10, 2019

Ole Farmer COKE’s record of service to Jamaican Agriculture spanned decades and included stints with:

- Ministry of Agriculture at the Bodles Research Station
- Cigarette Company of Jamaica Limited in both field and processing operations.

A service of thanksgiving for his life and work was held at the Trinity Methodist Church, Gregory Park, St. Catherine on August 10, 2019.

.....
Ole Farmer **Wessel EASINGTON (Class of ‘87)**, of Cave Valley, St. Ann, faded on July 07, 2019; after succumbing to medical complications.
.....

Ole Farmer **Winston BURRELL (Class of ‘68)** faded in early June 2019.

Ole Farmer BURRELL gave decades of committed, dedicated service to the Jamaican Agricultural Finance Sub-Sector via:

- Ministry of Agriculture Farmers’ Self Start Fund in the parish of St. Elizabeth
- Jamaica Development Bank
- National Peoples’ Cooperative Bank as a Regional Manager for the Central Jamaica region (Clarendon and Manchester)

The service of thanksgiving his life and work was held at St. Gabriel Anglican Church, Church Street, May Pen, Clarendon on August 07, 2019

.....
Ole Farmer **Lawrence THOMPSON (Class ‘67)** faded in May 2019 somewhere in Africa, where he had lived and worked for some time.

He previously gave many decades of committed service as an Ornamental Horticulturist at the former Kaiser Bauxite Company (now Noranda Bauxite Company).

He was buried in Africa on June 03.

.....
Ole Farmer **Clarence Lancelot DUNN (Class of ‘57)** faded on May 13, 2019 at the Credit Valley Hospital in Mississauga, Ontario, Canada.



After graduating from the Jamaica School of Agriculture, Ole Farmer DUNN (originally from St. Ann) pursued further studies in Agricultural Economics then dedicated himself to serving over time as:

- Agricultural Economist at the former Jamaica Development Bank
- Senior Agricultural Economist in the Ministry of Agriculture
- Agricultural Economist at the CARICOM Secretariat
- Agricultural Economist at the Food and Agriculture Organization of the United Nations (FAO)

The service of thanksgiving for the life and work of Ole Farmer DUNN was held at New Haven Funeral Centre, 7025 Legion Rd., Mississauga, ON L4T 1A8, Canada on Saturday, June 01.

.....
 Ole Farmer **Patrick ‘D’Jango’ JONES (Class of ‘73)** faded in late April.

Ole Farmer JONES gave decades of committed service as the Liaison Officer for the Overseas Farm Work Programmes of the Ministry of Labour and Social Security.

The service of thanksgiving for the life and work of Ole Farmer JONES was held at the St. Agatha Anglican Church, Lewis Store, St. Mary on May 18.

.....
 Ole Farmer **Leebert ‘Sad Sack’ WRIGHT (Class of ‘74)** faded in late February.

After graduating from the Jamaica School of Agriculture, Ole Farmer WRIGHT went on to study Dentistry gave many years of service in Trelawny.



You all will be sorely missed:

<http://www.youtube.com/watch?v=mWm1NbF1Ik&feature=related>

YOUR PRAYER CAN CHANGE THINGS!

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

2 Chronicles 7:14

When you pray, remember:

Ole Farmer **Marie-Therese BEAUPIERRE-SIMMS (Class of ‘82)** who is critically ill in hospital in Houston, TX. Ole Farmer Marie-Therese is the spouse of Ole Farmer Leroy ‘Pixie’ SIMMS (Class ‘81). **Marie-Therese** having been diagnosed with suffering an aneurysm remains in hospital in stable condition.

After graduating from the Jamaica School of Agriculture, Ole Farmer BEAUPIERRE-SIMMS furthered her studies at:

Prairie View A&M University

Texas Southern University

She is currently a Professor of Biology at the Houston Community College.

WELLNESS CHECK

Having attended Reunion in Connecticut (**a.k.a. the Nutmeg State**), experience the power of the spice.

Referred to as a well-liked spice all over the world, nutmeg can also be well known because of its numerous health advantages. In fact, since ancient times, nutmeg has been utilized like a fix for numerous conditions or even enhances health generally. Here are a few of the health advantages which nutmeg offers.

1. Brain Tonic

Throughout ancient times, Roman and Greek civilizations utilized nutmeg like a kind of brain tonic. It is because nutmeg can easily effectively excite your brain. Because of this, it can benefit get rid of exhaustion as well as stress. If you suffer from anxiety or depression, nutmeg can also be a great treatment. Nutmeg will usually increase your

concentration so that you can become more effective as well as concentrated at the office or even at school.

2. Pain Relief

Nutmeg is additionally a highly effective tranquilizer. In reality, nutmeg is really a staple in ancient Chinese medicine. The Chinese utilized the spice to deal with inflammation as well as abdominal pain. Make use of nutmeg if you suffer from painful joints, muscle pain, arthritis, sores and other ailments. To ease the pain, use nutmeg oil towards the affected areas.

3. Indigestion Relief

If you suffer from digestion-related difficulties just like diarrhea, bowel problems, bloating, flatulence and so on, nutmeg can successfully provide you with relief. Nutmeg oil reduces stomachaches by eliminating the excess gas through the intestines. Nutmeg may also enhance your appetite

4. Bad Breath Treatment

Due to its anti-bacterial qualities, nutmeg may also successfully treat halitosis or even bad breath. Since you probably know, bad breath is generally the result of a build-up of bacteria within your mouth. Nutmeg can easily rid the mouth area of these bacteria. This is why nutmeg is a very common ingredient in lots of brands of toothpastes. Nutmeg may also be used to deal with gum problems and toothaches.

5. Liver and Kidney Detox

Detoxification is a crucial factor of good health. Diet, pollution, stress, tobacco, medication along with other external substances can result in the build-up of toxins within your organs. The liver and kidney are two of the organs exactly where this particular toxic build-up generally develops. Like a tonic, nutmeg can clean your liver and kidney and take away these toxins. If you suffer from a liver disease then nutmeg may also be advantageous. Nutmeg is additionally good at stopping as well as dissolving kidney stones. Whenever your liver and kidney are effectively detoxified, they are able to execute their function better.

6. Skin Care

If skin care is among your focal points then you might wish to incorporate nutmeg in your

regimen. Nutmeg can in fact assist you to accomplish smoother as well as healthier skin by assisting you deal with a number of skin problems. A scrub produced from nutmeg powder and orange lentil powder will help you eliminate blackheads, a kind of acne seen as an pores clogged with excess oil and dead skin cells. Should you suffer from acne marks, nutmeg could also help make your scars less noticeable. What you need to do is mix some nutmeg powder with a few drops of honey to make a paste, which you'll then apply to the acne marks.

7. Insomnia

For generations, nutmeg has been suggested as a home remedy for sleeplessness as well as insomnia. A pinch of nutmeg in warm milk always appeared to do the trick. Nutmeg features a high content of magnesium, an important mineral in your body, which decreases nerve tension, and even energizes the release of serotonin that results in a feeling of relaxation or sedation. This particular serotonin is modified to melatonin inside the brain, that is a sleep inducer, reducing individuals of their problems with insomnia as well as restlessness at night. Nutmeg also offers trace portions of narcotics, which have no remarkable effect unless taken in massive quantities. However, even the little bit can assist you release numerous neurotransmitters compared to induce relaxation and sleep.

8. Brain Health

Among the lesser-known advantages of adding nutmeg in almost any variety to the diet would be the numerous aspects of its essential oil, known as myristicin and macelignan. These types of compounds have been shown to lessen the degradation of neural pathways and cognitive function that commonly afflicts individuals with dementia or Alzheimer's disease. Research indicates myristicin and macelignan slow those effects, and keep the human brain functioning in a normal, healthy level.

9. Oral Health

In traditional medical applications, nutmeg was regarded as the king of spices when it came to oral health. The active anti-bacterial components of nutmeg implies that it will help to combat circumstances just like halitosis, also referred to as bad breath. It kills the bacteria that triggers this

****PUBLIC HEALTH ALERT****

embarrassing condition, and usually enhances the immunity of the gums and teeth. For this reason nutmeg and its extracts are commonly present in toothpastes as well as mouthwashes, specifically in organic or herbal types.

10. Leukemia

Another of the lesser-known qualities of nutmeg is its possible use towards cancerous cells. Research indicates that a particular methanolic compound in nutmeg and its essential oil can in fact stimulate cell death (apoptosis) in leukemia cells, therefore stopping multiplication and metastasis of this terrible variety of cancer that generally afflicts children.

11. Blood Pressure and Circulation

The mineral content of nutmeg implies that it really is useful for terms of maintaining organ function. Potassium is really a vasodilator that relaxes blood vessels, therefore decreasing blood pressure as well as decreasing the strain on the cardiovascular system. In addition, it facilitates the uptake of nutrients from food, making digestion as well as efficient and fast process. The calcium present in nutmeg can enhance the health of the bones by contributing to repair and growth, while relieving the signs of osteoporosis. Ultimately, the iron content can improve your red blood cell count and lower the chances of you developing symptoms of iron deficiency, also referred to as anemia.

12. Nutmeg benefits for male sexual enhancement

Nutmeg benefits consist of boosts sexual activity, both libido and potency or sexual energy and it has been shown in a variety of trials. Nutmeg extract is utilized just as one ingredient in lots of sex tonics intended for dealing with debility, impotency and spermatorrhoea. Additionally, it provides a carminative, Stimulant.

Aphrodisiac herbs just like Nutmeg when joined with other herbs, improve vigor, vitality, and a capability to result in erotic sensation. Nutmeg benefits include and also have been created as higher potency vitalizers, which reinforces stamina, improves sexual health as well as improves performance.

***Myristica fragrans* Houtt.**
Taxonomic Serial No.: 18125

Initial Public Health Response and Interim Clinical Guidance for the 2019 Novel Coronavirus Outbreak — United States, December 31, 2019–February 4, 2020

Summary

What is already known about this topic?

In December 2019, an outbreak of acute respiratory illness caused by a novel coronavirus (2019-nCoV) was detected in mainland China. Cases have been reported in 26 additional locations, including the United States.

What is added by this report?

Nine of the first 11 U.S. 2019-nCoV patients were exposed in Wuhan, China. CDC expects more U.S. cases.

What are the implications for public health practice?

CDC, multiple other federal agencies, state and local health departments, and other partners are implementing aggressive measures to substantially slow U.S. transmission of 2019-nCoV, including identification of U.S. cases and contacts and managing travelers arriving from mainland China to the United States. Interim guidance is available at <https://www.cdc.gov/coronavirus/index.html> and will be updated as more information becomes available.

ACROSS THE DIASPORA

Just in case you missed it, Jamaica's Senior Ice Hockey Team was crowned 2019 LATAM Cup Champions on September 08, 2019 after a hard-fought victory over defending champions Colombia in the final, creating history in a sport that is foreign to the tropics.

The tournament for Latin American countries was held at the Ice Den in Sunrise, FL (home of the Florida Panthers). En route to the final, Jamaica recorded a string of impressive victories; defeating Colombia 5:0; Argentina 8:4; Brazil 7:0; Mexico 7:0

In the final, Jamaica who went into the half-time break two goals ahead, however Colombia leveled the score to force extra time. Extra time was scoreless and Jamaica would go on to win it all on penalties.



“For me, this says we can compete amongst the best of the associate members,” Jamaica Olympic Ice Hockey Federation Director Don Anderson told the **Jamaica Observer** after returning home from the tournament. Associate members, he explained, are countries that do not have an ice rink.

“The kind of game we played told me that we are ready for the next stage where, if we can get an ice rink in Jamaica, I believe we can move forward to try to qualify for the Olympics,” Anderson added.

Anderson, a veteran sports administrator, admitted that the tournament was more difficult than the scores suggest. He admitted that before the tournament started he didn't expect Jamaica to get any further than the first two days. However, with each game his confidence grew because the standard of play was very good for a young team taking on grown men. Anderson praised the coach, Cyril Bollers, and his assistant Darwin Murray for doing an excellent job despite the fact they had very little time to work with the team before the tournament.

Anderson, who has attended seven Olympic Games himself, said that the support received from Jamaicans in South Florida and elsewhere was phenomenal. Reminiscent of Usain Bolt's victories, the PA system blasted reggae music and people from other countries started cheering for Jamaica especially when a berth in the final beckoned.

"It was an awesomely inspiring experience. The spirit of the team was fantastic; the discipline was superb, the standard of play excellent. The players, who all live overseas but have Jamaican heritage, play in the college system and in different leagues. What we did well was to pull them together into a nice unit that understood each other," Anderson explained.

From an article published
Tuesday, September 10, 2019



View more about our people:

<http://www.jamaicadiaspora.org/news/about-us/>

INSPIRATION



“If you see something that is not right, not fair, not just, you have a moral obligation to do something about it”.

John Lewis